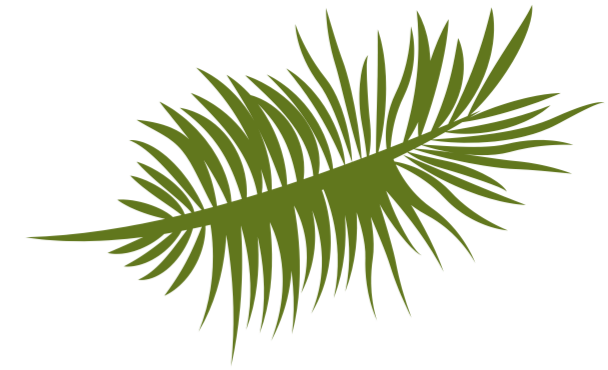
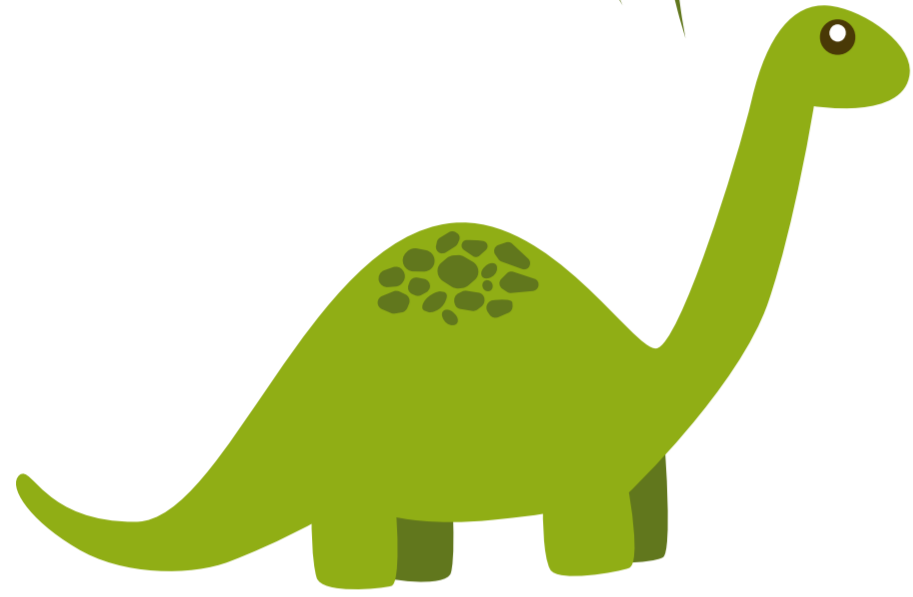


PLAN FOR OUR DAY



What are we doing today?



What time will we be doing these things?

Who else is joining us?



What could be worrying, and how will we deal with it?

